



Good Treatment Campaign: CO/CSS in a Global Context

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Brief Country Profile

I lived and worked in Zambia's capital, Lusaka, for 14 weeks during the 2018 Spring/Summer term. Zambia is a landlocked nation in southern Africa bordering eight separate countries. I lived in Lusaka during the dry ("winter") season with temperatures ranging between 55-75 degrees Fahrenheit.

Zambia's population is approximately 16 million people with a total of 73 ethnic tribes. There are ten total provinces primarily titled through cardinal direction (e.g. Central Province, Northwest Province, etc.). English is the official language but the two primary local languages are Nyanja followed by Bemba. In addition, Zambia is officially a Christian nation (approximately 76% Protestant, 20% Roman Catholic, 4% other non-Christan religions).

Tehila Zambia

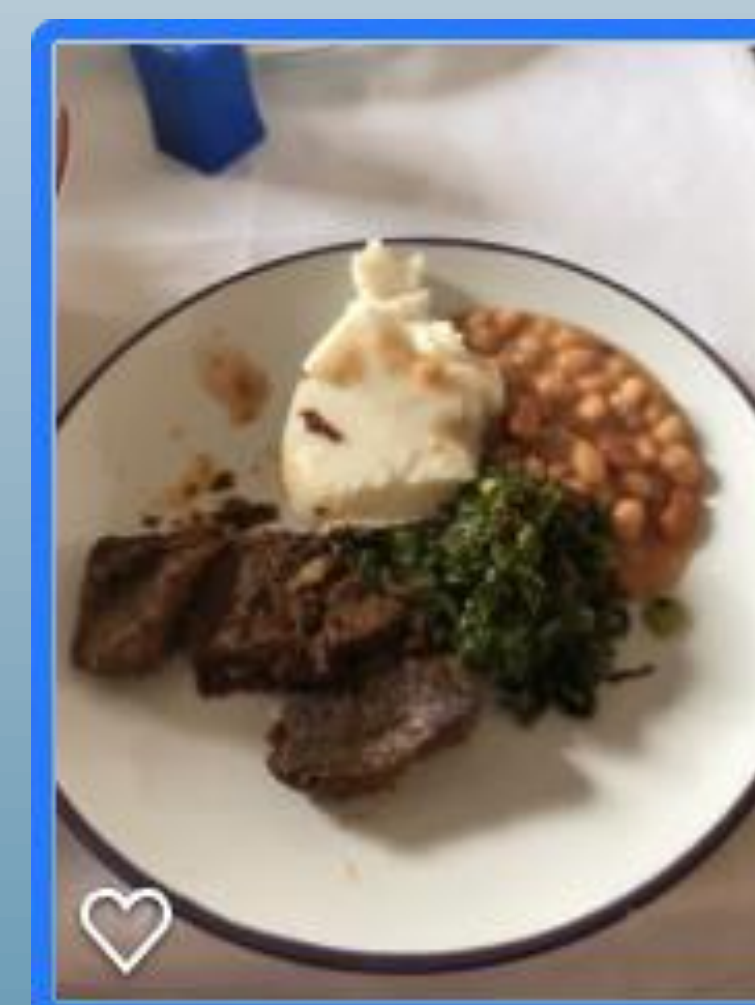
- Small, faith-based child safeguarding agency located in northern Lusaka. Tehila Zambia is dedicated to **ending child abuse** and creating safer communities for local populations.
- Tehila's organizational culture is driven by **Christian values** which guide community-based social work.
- The organization works in **five** Lusaka **neighborhoods** ("compounds"): Matero, Garden, Chelstone, Ng'ombe, and Kalingalinga.
 - 1) Facilitates **child protection workshops** to raise awareness about child abuse in Zambia, instill positive values, and empower participants to voice their human rights.
 - 2) Organizes an annual youth and adult-led child safeguarding **campaign** called the Good Treatment Campaign (GTC).

Field Placement Information

- ❑ Co-facilitated and **evaluated** four child protection workshops called "Touch Talk" to 120+ total children and youth in the Lusaka neighborhoods Tehila worked with.
- ❑ Organized two GTC **committees**: youth and adult; met with each committee on a biweekly basis for campaign planning and strategizing.
- ❑ Built **partnerships** with human service agencies and keynote presenters (e.g. Child Helpline Zambia, Sista D).
- ❑ Conducted **event planning** with local businesses when purchasing GTC T-shirts, banner, and acquiring the event's stage.
- ❑ Administered **risk assessments** and constantly communicated with local GTC leaders.

Skills Utilized / Developed

- Monitoring & evaluation of programs
- Data collection
- Program development
- Community organizing
- Community development
- Event planning
- Needs and risk assessment
- Report writing



Above: Zambia's traditional meal (nshima, sautéed cabbage, beef, and beans) **Below:** facilitating a pre and post-survey evaluating Tehila's child protection workshop.

Career Connections

My 3.5 month cross-cultural leadership experience in Zambia prepares me for my future global social work career. After studying abroad in Brazil, serving 2+ years with Peace Corps Ecuador, and spearheading the GTC in Zambia, I am committed to overseas, grassroots development. Leading the GTC helped me put theory into practice and exemplify my social work concentrations in a global context. After graduation, I hope to manage programming for an international NGO or study abroad organization.

Advice

- ❖ Expand your social network apart from work colleagues to avoid burnout.
- ❖ Take self-care seriously; spend time re-energizing yourself.
- ❖ Recognize you are only in-country for 12-14 weeks and you are helping plant the seed for social change.
- ❖ Practice flexibility, openness, and have fun!

Acknowledgements

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The GTC main event on Saturday, August 11 in Lusaka's Ng'ombe "compound"; over 200 participants attended that day!